



April 21-23, 2010



**Presbyterian Administrative Center (PAC)
 Auditorium**
 2501 Buena Vista Drive SE
 Albuquerque, NM 87106

S P E A K E R S

- **Debora Bear, CNP**
Assistant Medical Director, Planned Parenthood of NM
- **Kathleen Colleran, MD**
Associate Professor of Medicine, UNM
- **Karen deGenevieve, CNP**
Gila Regional Cancer Center
- **Robert Ferraro, MD**
Medical Director, Southwest Regional Diabetes Center
- **Steve Jenkusky, MD**
Service Line Medical Director, PHS Behavioral Health
- **Joanna Katzman, MD**
Assistant Professor, Departments of Neurology and Anesthesia, UNM
- **Diana Koster, MD**
Medical Director, Planned Parenthood of NM
- **Melody Krech, PT**
Private Practice Physical Therapist
- **Elissa Ladd, CNP**
Clinical Assistant Professor, MGH Institute of Health Professions
- **Ray Mazon, DOM**
Private Practice Acupuncturist
- **Carolyn Montoya, CNP**
Coordinator, FNP/PNP Concentrations, UNMCON
- **Anita Ralstin, CNP**
NM Heart Institute
- **Nancy Ridenour, CNP**
Dean and Professor, UNMCON
- **Tom Rothfeld, MD**
Pediatrician, Presbyterian Medical Group
- **Linda Slegle, JD**
President, Resources for Change, **NMNPC** Lobbyist
- **Karla Thornton, MD**
Associate Director, Project ECHO
- **Alfredo Vigil, MD**
Secretary, NM Department of Health
- **Mary Vilay, PharmD**
Assistant Professor, UNM College of Pharmacy

O B J E C T I V E S

- Discuss evidenced based prescribing and its application in contraceptive pharmacology, insulin pump therapy, and chronic kidney disease.
- Describe management of patients with health care issues seen in primary and specialty care.
- Identify advocacy techniques useful in the political setting.
- Discuss current professional issues relevant to nurse practitioners.



Come to Albuquerque!
 There's lots to do after the conference:

- ◆ Attend the **Gathering of Nations Pow Wow**
- ◆ Visit the **Rio Grande Zoo**
- ◆ See T Rex at the New Mexico **Museum of Natural History and Science**
- ◆ Ride the Garden Railroad at the **Botanic Garden**
- ◆ Take the **Sandia Peak Tramway** to the top of the Sandia Mountains

New This Year!

Register online at www.NMNPC.org and receive automatic confirmation!

HOTEL RESERVATIONS

There are several hotels near the PAC Auditorium and many others along I-25 with short commute times to the conference venue. Some local **NMNPC** members are also willing to provide housing. For more information on accommodation options, please check our website conference page or, send e-mail to contact@NMNPC.org.

PERSONAL COMFORT

Room temperatures may vary. Please wear layers for your comfort. There will be **NO SMOKING** in any part of the facility. The PAC campus is a completely non-smoking venue, including parking areas.

CE ACCREDITATION

This continuing education program is intended for nurse practitioners, clinical nurse specialists, and other registered nurses. **NMNPC** has submitted the program to the American Academy of Nurse Practitioners for approval of 21.75 contact hours (5.0 for Wednesday; 8.25 for Thursday; 8.5 for Friday). We are requesting contact hours in pharmacology; the total number of pharmacology hours approved will be available at the conference.

SPEAKER DISCLOSURES

All speakers must disclose any conflicts of interest and/or intent to discuss off-label use of any commercial products and will announce any such disclosures prior to the relevant presentation.

REGISTRATION

We are happy to announce the ability to register for the conference online — new this year! It's quick and easy and allows you to receive automatic confirmation and receipt of payment by credit card. You may also pay by check, even when registering online. To register online: Go to www.NMNPC.org and click on **Caring for New Mexico** on the home page. If you cannot use the online registration, you may download a registration form from the website or contact Kate Goldblum for assistance at (505) 453-6554.

SYLLABUS/HANDOUTS

The Conference Committee would like to thank Project ECHO for continued support of our educational program. They have again graciously provided the materials and technical assistance for our CD syllabus. Handouts will also be available for download from the **NMNPC** website as they become available prior to the conference.

This program will receive educational grants. A complete list of commercial supporters was not available at the time of printing. **NMNPC** will acknowledge all support at the time of the educational activity.

Conference Coordinator

Darla Scarrow

Planning Committee

Christine Brickley

Amanda Conley

Kate Goldblum

Margreet Jenness

Joyce Powers

WEDNESDAY APRIL 21

- 12:00-12:30 PM
Registration and Box Lunch
- 12:30-1:30 PM
Update on Contraception
Diana Koster, MD
- 1:30-3:00 PM
A Primer on Initiating Insulin Pump Therapy
Robert Ferraro, MD
- 3:00-3:30 PM
Refreshment Break/Exhibits/Networking
- 3:30-4:30 PM
Prescribing in Chronic Kidney Disease
Mary Vilay, PharmD
- 4:30-6:00 PM
Evidenced Based Prescribing
Elissa Ladd, NP
- 6:00-6:15 PM
Evaluations/CE Certificates

QUESTIONS?

Christine Brickley (575) 534-1085 cbbaja@dishmail.net

Darla Scarrow (505) 795-4362 phas_1@msn.com

APRIL 22

- 7:30-8:00 AM
Registration and Breakfast
- 8:00-9:00 AM
The WHO Rational Use of Medicine Program
Elissa Ladd, NP
- 9:00-10:00 AM
How to Be a Political Advocate
Linda Siegle, **NMNPC** Lobbyist
- 10:00-10:30 AM
Refreshment Break/Exhibits/Networking
- 10:30-11:45 AM
Improving Nursing Practice and Informing Policy Through Nursing Science
Keynote Speaker: Nancy Ridenour, NP
- 11:45 AM-12:30 PM
Lunch/Update on the **NMNPC** Website
Kate Goldblum, NP
- 12:30-1:30 PM
Cervical Screening/Management: Evidenced-Based
Debra Bear, NP
- 1:30-3:00 PM
Breast Complaints and Beyond
Karen deGenevieve, NP
- 3:00-3:30 PM
Refreshment Break/Exhibits/Networking
- 3:30-4:30 PM
Update on Project ECHO
Karla Thorsnton, MD
- 4:30-5:30 PM
Diagnosis and Treatment of Borderline Disorder
Steve Jenkusky, MD
- 5:30-5:45 PM
Evaluations/CE Certificates

APRIL 23

- 7:30-8:00 AM
Registration and Breakfast
- 8:00-9:00 AM
Motivational Interviewing in Childhood Obesity
Carolyn Montoya, NP
- 9:00-10:00 AM
The Art of Medicine
Tom Rothfeld, MD
- 10:00-10:30 AM
Refreshment Break/Exhibits/Networking
- 10:30-11:30 AM
Advances in Migraine Management
Joanna Katzman, MD
- 11:30 AM-12:30 PM
Caring for New Mexico
Keynote Speaker: Alfredo Vigil, MD
- 12:30-1:30 PM
Lunch/Update on the DNP
Carolyn Montoya, NP
- 1:30-2:45 PM
Injecting Insulin into Outpatient Practice
Kathleen Colleran, MD
- 2:45-3:45 PM
PT and Chronic Low Back Pain
Melody Krech, PT
- 3:45-4:15 PM
Refreshment Break/Exhibits/Networking
- 4:15-4:45 PM
State of the NP: State and National Update
Anita Ralstin, NP
- 4:45-5:45 PM
Indications for Acupuncture
Ray Mazon, DOM
- 5:45-6:00 PM
Evaluations/CE Certificates